



# FOX CITIES RACQUET CLUB



920.739.0221 ♦ 2915 N. Victory Ln, Appleton WI 54913 ♦ www.foxcitiesracquetclub.com

## Session Three – Junior Programs February 23, 2015 – May 22, 2015

*13 week session; Sundays 11 weeks, Saturdays 12 weeks*

**\*\*\*Policy Reminder: Make-ups are not guaranteed and must be approved in advance\*\*\***

### Pee Wee Tennis (ages 3-6)

#### Cost:

3s	Thursdays	11:30am – 12:00pm	Member: \$97.50 / IM: \$130.00
3/4s	Sundays	11:30am – 12:00pm	Member: \$82.50 / IM: \$110.00
4s	Thursdays	12:00 – 12:45pm	Member: \$146.25 / IM: \$211.25
5-6s	Sundays	12:00 – 1:00pm	Member: \$165.00 / IM: \$220.00
5-6s	Tuesdays	4:30 – 5:30pm	Member: \$195.00 / IM: \$260.00
5-6s	Fridays	4:00 – 5:00pm	Member: \$195.00 / IM: \$260.00

### Grade School (ages 7-10)

#### Cost:

Level 1	Sundays	12:00 – 1:00pm	Member: \$165.00 / IM: \$220.00
	Fridays	4:00 – 5:00pm	Member: \$195.00 / IM: \$260.00
Level 2	Fridays	4:00 – 5:00pm	Member: \$195.00 / IM: \$260.00
Level 2/3	Sundays	1:00 – 2:00pm	Member: \$165.00 / IM: \$220.00
Level 3/4	Fridays	5:00 – 6:00pm	Member: \$195.00 / IM: \$260.00
Level 4	Sundays	2:00 – 3:30pm	Member: \$247.50 / IM: \$302.50

*Level 1 = Red Ball      Level 2 = Orange Ball      Level 3 = Green Dot Ball      Level 4 = Regular Ball*

### Middle School (ages 11-13)

#### Cost:

Level 1/2/3	Sundays	3:30 – 4:30pm	Member: \$165.00 / IM: \$220.00
Level 4	Sundays	4:30 – 6:00pm	Member: \$247.50 / IM: \$302.50

### High School (ages 14-18)

#### Cost:

Level 3/4/5	Sundays	4:30 – 6:00pm	Member: \$247.50 / IM: \$302.50
Level 5	Wednesdays	4:00 – 5:30pm	Member: \$292.50 / IM: \$357.50
Level 6	Sundays	11:30am – 1:00pm	Member: \$247.50 / IM: \$302.50

*Competitive High School Training*

### Invitational Groups (Players invited by the teaching staff)

#### Cost:

Mondays	4:30 – 6:00pm	Member: \$292.50 / IM: \$357.50
<i>Future Stars Training</i>		

Thursdays	5:00 – 6:30pm	Member: \$292.50 / IM: \$357.50
<i>Elite High School Training</i>		

**Mental Training** – Contact Coach Wendy Whitlinger

**Fitness Training** – Contact Coach Tony Daharsh

***See other side for Level Descriptions, Group Lesson Policies, and Junior League Info***

Summer Session begins Monday, June 8<sup>th</sup>, 2015

## LEVEL GUIDE

Pee Wee – *Emphasis on hand-eye coordination, motor skills, and fun!*

Level 1 – *Players with little or no experience. Emphasis on stroke development, movement, and rules of play.*

Level 2 – *Emphasis on improving strokes, consistency, court positioning, and readiness to play.*

Level 3 – *Players can sustain a rally, serve consistently, and have the ability to play.*

Level 4 – *Players are fairly consistent. They are working on directional control, depth, pace, and spins.*

Levels 5/6 – *These players are playing or will be playing high school varsity tennis.*

## GROUP LESSON POLICIES

- Players must register for the entire session.
- Late sign-ups will be prorated, assuming room is available to join.
- Exceptions may be made to accommodate high school tennis seasons.
- Refunds/credits will not be given for missed lessons.
- Make-ups are allowed for missed lessons if room is available. Please talk to your coach.
- Make-ups must be completed within the same session.
- “IM” stands for Instructional Member or Non-Member. Often it is less expensive to take out a membership than to pay the additional cost. Please ask at the front desk for more details.
- Final level assignments are at the discretion of the teaching staff.
- Each class must have a minimum of four students. (three for Pee Wee classes)

## JUNIOR LEAGUE MATCHES

- Eligible Players:      Grade School level 4 & above, Middle School level 4 & above  
                                    High School level 2 & above (Cannot play during H.S. Season per WIAA)
- Players must be able to play independently.  
(i.e. Know scoring, serve consistently, play without on-court guidance)
- Matches are scheduled on Saturday afternoons on a weekly basis.
- Format: Matches are one hour regardless of score. No-ad scoring is used. 12-point tiebreak at 5-5.
- Balls are provided.
- Scores are recorded at the front desk to help ensure future matches are competitive.
- Cost: \$10 per match (plus tax).
- Talk to Mark or email him at **mark.d.ehlke@gmail.com** to sign up or for more information.

***Call 920.739.0221 to register now!***

Join Fox Cities Racquet Club on Facebook!