



# FOX CITIES RACQUET CLUB



920.739.0221 ♦ 2915 N. Victory Ln, Appleton WI 54913 ♦ [www.foxcitiesracquetclub.com](http://www.foxcitiesracquetclub.com)

## Summer Session 2 – Juniors

July 18, 2022 - August 19, 2022

### 10 & Under Tennis

#### **Pee Wee 3 & 4 yrs**

*Players work on body management, movement, and hand/eye coordination along with listening skills and following directions. The focus is on fun!*

**Tuesdays 3:30 – 4:00pm**

**Member: \$45.00 / IM: \$57.50**

**Thursdays 8:30 – 9:00am**

**Member: \$45.00 / IM: \$57.50**

#### **Red Ball**

*Players learn proper grips, preparation, and swing-path for the forehand, backhand, and volley. They are taught the drop-hit serve and develop movement skills with balance.*

**Tuesdays 4:00 – 5:00pm**

**Member: \$90.00 / IM: \$115.00**

**Thursdays 9:00 – 10:00am**

**Member: \$90.00 / IM: \$115.00**

#### **Orange Ball**

*Players work on proper stroke technique on groundstrokes and volleys adding directional control. They start to rally, learn to serve and return, and begin to play points. They are introduced to scoring and the rules of play.*

**Tuesdays 4:00 – 5:00pm**

**Member: \$90.00 / IM: \$115.00**

**Thursdays 9:00 – 10:00am**

**Member: \$90.00 / IM: \$115.00**

#### **Green Dot**

*Players add spin and pace to their strokes. They can serve, return, and sustain a rally. They review scoring and the rules to be ready for match play.*

**Tuesdays 4:00 – 5:00pm**

**Member: \$90.00 / IM: \$115.00**

**Thursdays 9:00 – 10:00am**

**Member: \$90.00 / IM: \$115.00**

### Middle School (ages 11-13)

#### **Level 1**

*Players with little or no tennis experience. They learn proper grips, preparation, and swing path for groundstrokes along with the volley and serve. They learn to score and the rules of play. Match play will be included.*

**Mondays 11:00am – 12:00pm**

**Member: \$90.00 / IM: \$115.00**

**Wednesdays 11:00am – 12:00pm**

**Member: \$90.00 / IM: \$115.00**

#### **Level 2**

*Players improve technique and add directional control, spin, and pace. They add the drop shot, lob, overhead, and drive volley. They learn court position along with tactics and strategy for singles and doubles. Match play will be included.*

**Mondays 12:00 – 1:30pm**

**Member: \$135.00 / IM: \$160.00**

**Wednesdays 12:00 – 1:30pm**

**Member: \$135.00 / IM: \$160.00**

## **High School (ages 14-18)**

### **Junior Varsity**

*Typically high school JV players who are improving their technique, developing consistency and spin. They are taught the drop shot, lob, overhead, and drive volley. They learn court position and tactics for singles and doubles. Match play will be included.*

**Thursdays 1:30 – 3:00pm**

**Member: \$135.00 / IM: \$160.00**

### **Varsity**

*Varsity players who improve performance by fine-tuning their skills. Along with consistency and spin, they add pace and depth. They learn shot selection, point construction, and mental toughness skills. Match play will be included.*

**Tuesdays 1:00 – 2:30pm**

**Member: \$135.00 / IM: \$160.00**

## **FCRC Competitive Training Programs (by invitation)**

*Players who are selected for these groups are high level players who are preparing for tournaments by developing all aspects of their game: stroke skills, quickness, stamina, strength, speed, tactics, strategy, and mental toughness. Match play will be included. They compete in USTA tournaments and have goals to be ranked at the state, sectional, and national levels.*

**14 & under Mondays 2:30 – 4:00pm**

**Member: \$135.00 / IM: \$160.00**

**18 & under Thursdays 3:30 – 5:00pm**

**Member: \$135.00 / IM: \$160.00**

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## **Kids Camp (Orange, Green Dot & Regular Ball)**

Monday - Thursday July 11-14 at 12-2:30pm

Monday - Thursday August 22-25 at 12-2:30pm

\$50/day Member      \$55/day Non-Member

## **High School Boys & Girls Camp**

Monday - Thursday August 1-4, 3-6pm

\$60/day Member      \$65/day Non-Member

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### **GROUP LESSON POLICIES**

Players must register for the entire session.

EXCEPTION for SUMMER ONLY: We will pro-rate fees for planned absences if we are informed before the start of the session. This is only for the Summer Session.

Late sign-ups will be prorated, assuming room is available to join.

**Refunds/credits will not be given for missed lessons.**

“IM” stands for Instructional Member or Non-Member. Often it is less expensive to take out a membership than to pay the additional cost. Please ask at the front desk for more details.

Each class must have a minimum of four students. (three for Pee Wee classes)

**Final group placement/advancement is at the discretion of the teaching staff. Decisions are based on many factors such as aptitude, ability, attitude, and attendance.**